



A FREE PRINTABLE JOURNAL

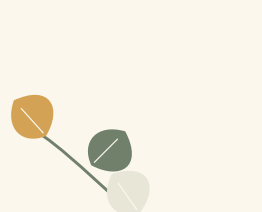
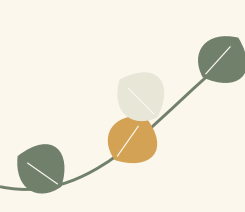
AUGUST

Prayer Journal

Summer's End, New Season

31 DAYS OF SCRIPTURE, PRAYER, GRATITUDE, AND REFLECTION

GET-PRAYER.COM



Welcome to August

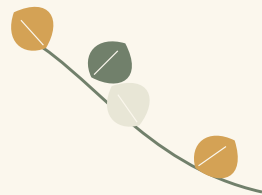
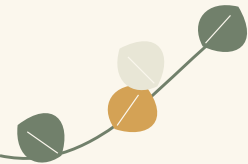
August has its own rhythm. Summer is still here, but the light begins to shift. Calendars fill again. Familiar routines return. Somewhere between long evenings and the first hints of fall, we sense that a new season is near.

This journal gives you a quiet place to meet God during that transition. You do not need perfect words or a perfect routine. Bring the day as it is. Read the scripture reference, sit with the theme, answer the prompt honestly, and let your prayer take shape on the page.

Some days may hold gratitude. Others may hold uncertainty, weariness, hope, or change. All of it belongs in prayer. By the end of the month, these pages will show more than what happened in August. They will show where God met you along the way.

A simple daily rhythm

- Read the scripture in your preferred Bible translation.
- Pause and notice the word or phrase that stays with you.
- Respond to the daily reflection prompt.
- Write a prayer, then name three gifts from the day.



My August Intention

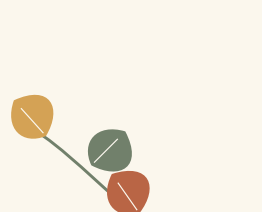
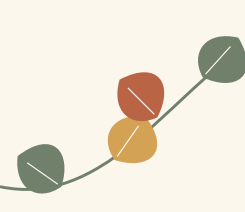
A prayerful beginning for the month ahead

THE WORD I WANT TO CARRY THIS MONTH

WHAT I AM RELEASING TO GOD

WHAT I AM ASKING GOD TO RENEW

MY PRAYER FOR THE SEASON AHEAD



The Path Through August

Let the month unfold one faithful day at a time

DAYS 1-7
ARRIVE

Arrive

Begin with presence, mercy, trust, and rest.

DAYS 8-15
LISTEN

Listen

Notice what this changing season is saying to your soul.

DAYS 16-23
RENEW

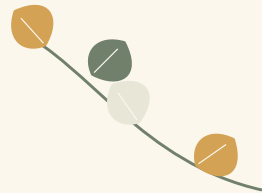
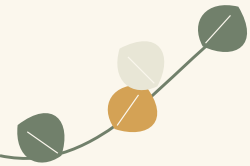
Renew

Commit your next steps and receive fresh strength.

DAYS 24-31
MOVE FORWARD

Move Forward

Carry gratitude, courage, and hope into what comes next.



1

Begin with expectation

PSALM 5:3

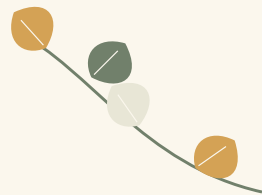
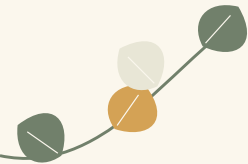
What are you placing before God as this new month begins?

MY REFLECTION

MY PRAYER

THREE GIFTS FROM TODAY

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2

Receive fresh mercy

LAMENTATIONS 3:22-23

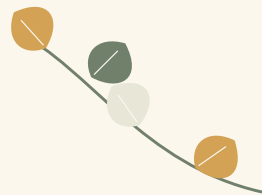
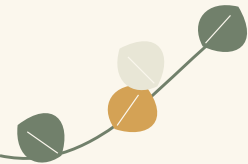
Where do you need to stop carrying yesterday into today?

MY REFLECTION

MY PRAYER

THREE GIFTS FROM TODAY

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3

Release the need to know

PROVERBS 3:5-6

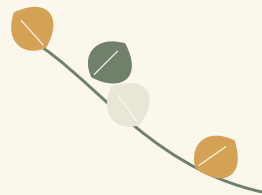
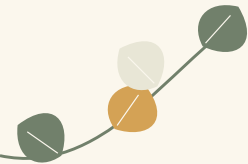
What path are you asking God to make clear?

MY REFLECTION

MY PRAYER

THREE GIFTS FROM TODAY

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4

Make room for stillness

PSALM 46:10

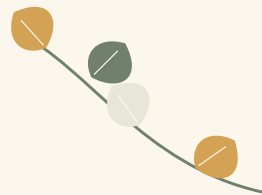
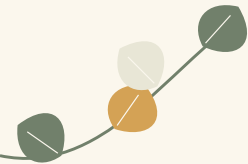
What becomes easier to hear when you slow down?

MY REFLECTION

MY PRAYER

THREE GIFTS FROM TODAY

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5

Notice the new thing

ISAIAH 43:19

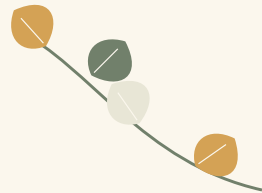
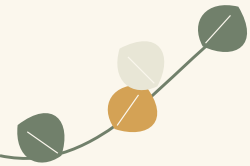
Where might God already be opening a way?

MY REFLECTION

MY PRAYER

THREE GIFTS FROM TODAY

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6

Trade worry for prayer

PHILIPPIANS 4:6-7

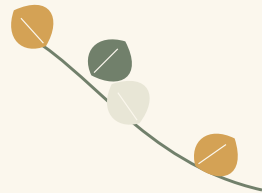
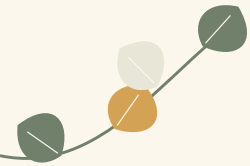
Name one worry, one request, and one reason for thanks.

MY REFLECTION

MY PRAYER

THREE GIFTS FROM TODAY

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7

Hold today wisely

PSALM 90:12

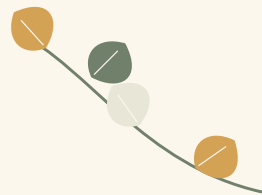
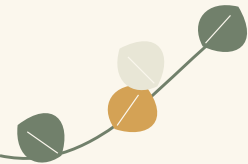
What deserves your attention in this season?

MY REFLECTION

MY PRAYER

THREE GIFTS FROM TODAY

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8

Trust the season

ECCLESIASTES 3:1

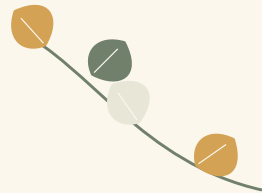
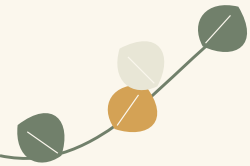
What is changing, and what might this season be teaching you?

MY REFLECTION

MY PRAYER

THREE GIFTS FROM TODAY

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9

Come and rest

MATTHEW 11:28

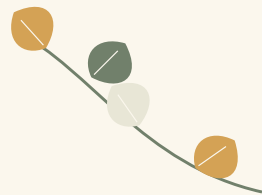
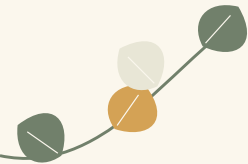
What burden can you bring to Jesus without explanation?

MY REFLECTION

MY PRAYER

THREE GIFTS FROM TODAY

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10

Look toward your help

PSALM 121:1-2

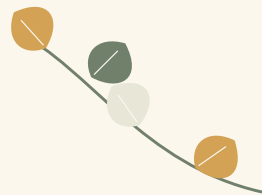
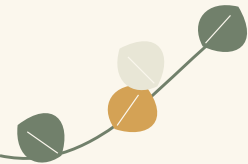
Where have you been trying to handle everything alone?

MY REFLECTION

MY PRAYER

THREE GIFTS FROM TODAY

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11

Ask for wisdom

JAMES 1:5

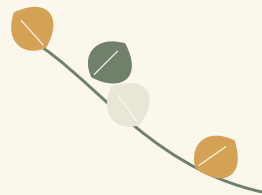
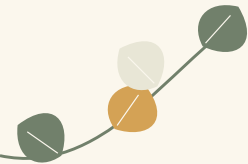
What decision needs wisdom more than speed?

MY REFLECTION

MY PRAYER

THREE GIFTS FROM TODAY

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12

Welcome a renewed mind

ROMANS 12:2

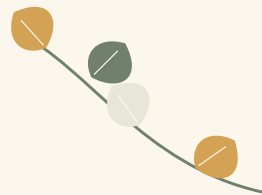
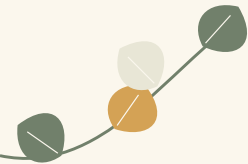
What thought needs to be reshaped by God's truth?

MY REFLECTION

MY PRAYER

THREE GIFTS FROM TODAY

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13

Keep God before you

PSALM 16:8

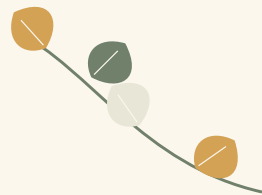
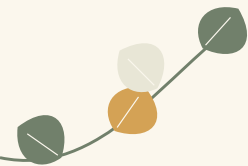
What would change if you remembered God is near today?

MY REFLECTION

MY PRAYER

THREE GIFTS FROM TODAY

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14

Let peace lead

COLOSSIANS 3:15

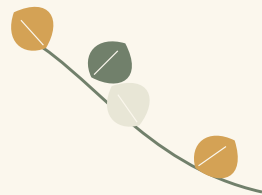
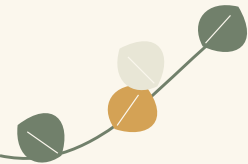
Which choice brings settled peace rather than pressure?

MY REFLECTION

MY PRAYER

THREE GIFTS FROM TODAY

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15

Be renewed within

2 CORINTHIANS 4:16

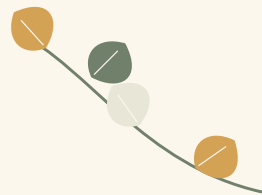
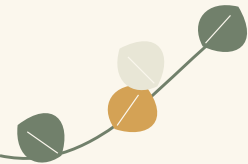
What part of you needs quiet renewal?

MY REFLECTION

MY PRAYER

THREE GIFTS FROM TODAY

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16

Commit the next step

PSALM 37:5

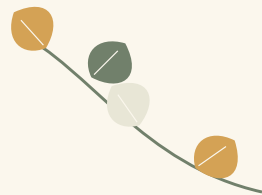
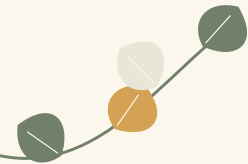
What plan can you place fully in God's hands?

MY REFLECTION

MY PRAYER

THREE GIFTS FROM TODAY

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17

Wait with hope

ISAIAH 40:31

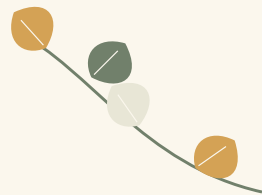
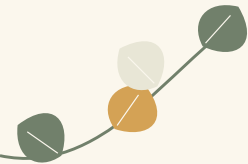
Where do you need strength that striving cannot provide?

MY REFLECTION

MY PRAYER

THREE GIFTS FROM TODAY

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18

Stay connected

JOHN 15:5

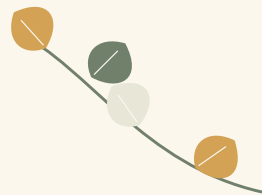
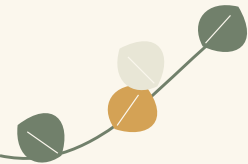
What helps you remain close to Christ in a busy day?

MY REFLECTION

MY PRAYER

THREE GIFTS FROM TODAY

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19

Let your soul be restored

PSALM 23:2-3

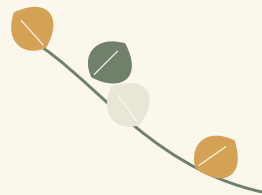
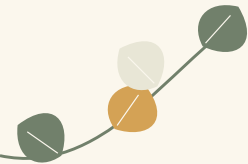
What would true restoration look like today?

MY REFLECTION

MY PRAYER

THREE GIFTS FROM TODAY

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20

Keep doing good

GALATIANS 6:9

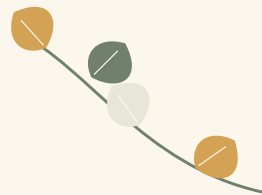
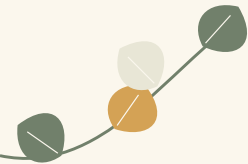
Where are you tired, but not finished?

MY REFLECTION

MY PRAYER

THREE GIFTS FROM TODAY

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21

Rest in what does not change

HEBREWS 13:8

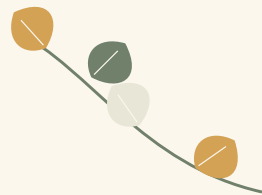
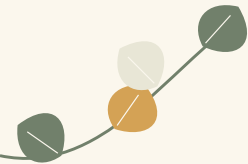
What steady truth can anchor you during change?

MY REFLECTION

MY PRAYER

THREE GIFTS FROM TODAY

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22

Invite honest searching

PSALM 139:23-24

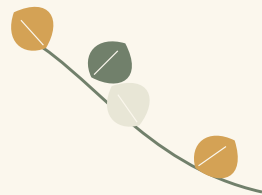
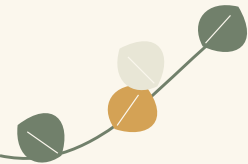
What do you want God to reveal and redirect?

MY REFLECTION

MY PRAYER

THREE GIFTS FROM TODAY

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23

Walk simply and faithfully

MICAH 6:8

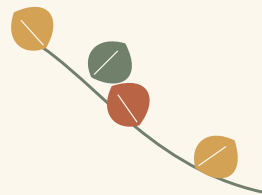
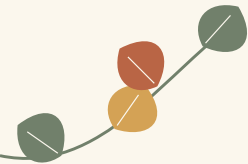
How can you practice justice, mercy, and humility today?

MY REFLECTION

MY PRAYER

THREE GIFTS FROM TODAY

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24

Pray beyond your limits

EPHESIANS 3:20

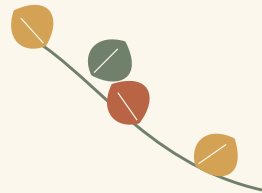
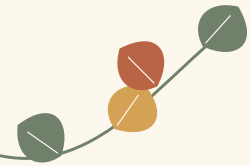
What prayer have you made smaller because it felt impossible?

MY REFLECTION

MY PRAYER

THREE GIFTS FROM TODAY

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25

Remember God's goodness

PSALM 34:8

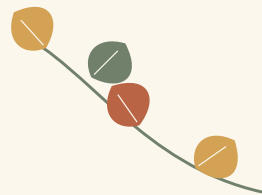
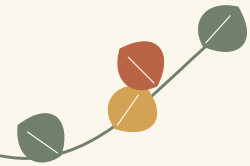
Where have you tasted God's goodness this month?

MY REFLECTION

MY PRAYER

THREE GIFTS FROM TODAY

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26

Hand over your cares

1 PETER 5:7

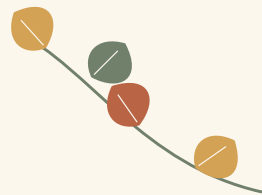
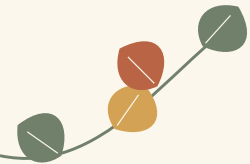
Write each care down, then release it to God in prayer.

MY REFLECTION

MY PRAYER

THREE GIFTS FROM TODAY

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27

Step forward with courage

JOSHUA 1:9

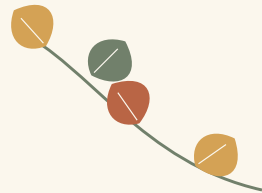
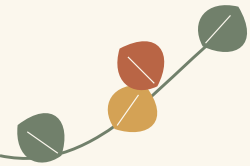
What next step requires courage and God's presence?

MY REFLECTION

MY PRAYER

THREE GIFTS FROM TODAY

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28

Trust God with the pieces

ROMANS 8:28

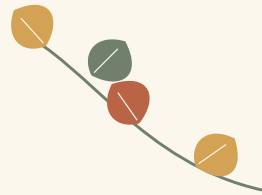
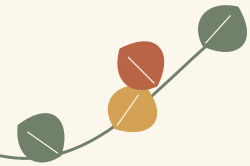
What unfinished situation are you asking God to work through?

MY REFLECTION

MY PRAYER

THREE GIFTS FROM TODAY

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29

Honor the tears and hope

PSALM 126:5

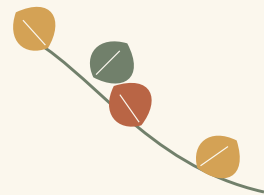
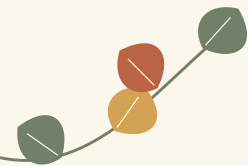
What sorrow are you praying will one day carry joy?

MY REFLECTION

MY PRAYER

THREE GIFTS FROM TODAY

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30

Believe God is still working

PHILIPPIANS 1:6

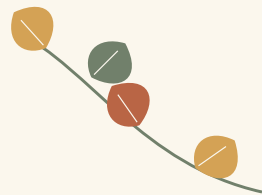
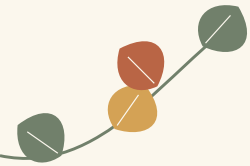
Where can you see evidence of steady progress?

MY REFLECTION

MY PRAYER

THREE GIFTS FROM TODAY

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31

Enter the new season guided

ISAIAH 58:11

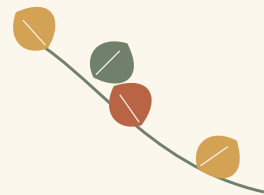
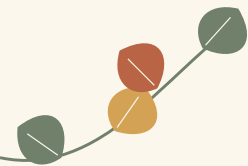
What do you want God to guide, satisfy, and strengthen next?

MY REFLECTION

MY PRAYER

THREE GIFTS FROM TODAY

- ---
- ---
- ---



At the Edge of a New Season

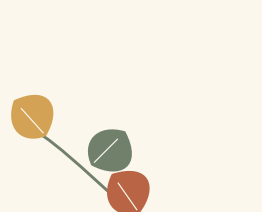
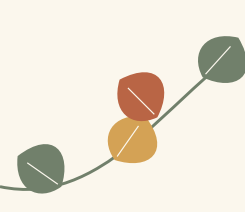
Pause before you turn the page

Where did I notice God this month?

What prayer changed as I prayed it?

What am I carrying forward?

A closing prayer for the season ahead



Go Gently Into What Comes Next

You have reached the end of August, but prayer does not end with the final page. Carry the honesty, gratitude, and hope you found here into the next season.

May God steady you when life changes, renew you when your strength feels thin, and remind you that every new season can become holy ground when you walk through it with Him.

“The Lord will guide you always.”

ISAIAH 58:11

Find more prayers, journals, and encouragement at

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